





















Preschool Unplugged: WEEK 1

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*























FAYETTE COUNTY PUBLIC SCHOOLS

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
 READING: Read to your child for 20 minutes. After reading or listening to the story, act out the story with your child by using your face, body, and voice to bring the story to life. Add words to explain what you're doing.	 WRITING: Sit with your child and ask them to draw a picture of your family. After they draw the picture, ask them who everyone is and if they want you to label the picture.	 WRITING: Write the ABC's on a piece of paper then sing the alphabet song with your child. Point to the letters as you sing the song.	 WRITING: Have your child write "letters" to everyone in the home. Once they are done, encourage them to be a mail carrier and deliver the mail to everyone.	 READING: Go around the house with your child and read all the words you can find. Point the words and letters out to your child.
 MATH: Go on a shape hunt around your house. Look for circles, triangles, squares, rectangles, ovals, etc.	 MATH: If this is a laundry day, ask your child to help sort/match socks. Students can match color and size.	 MATH: Write numbers 1-5 on a piece a paper. Ask your child to put items that correspond with the numbers on the paper. (Items can include small toys, cereal, socks.)	 MATH: Sort cans and boxes of food by size and/or color.	 MATH: Help your child count all the spoons and forks in your house. Ask your child if there are more/less spoons or forks.
 SOCIAL STUDIES: Fold several pieces of paper in half and make a book for your child to draw in. Label it "All About Me". Ask your child to make a self-portrait and draw their favorite things. Label the favorite things.	 SCIENCE: Make rainsticks using an empty paper towel roll. Put items inside that will make noise as it moves. These items can include buttons and beads or other small items. Cover both ends with paper and tape. Then have your child make music and sounds with the rainstick.	 SOCIAL STUDIES: Help your child draw a map that shows your house and the streets around it. (This can look any way you want it to - just have fun with your child making the map.)	 SCIENCE: In a shallow container, put a small amount of water. Find items around the house to place in the water to see if they will sink or float. Talk to your child about which sink and float (explain why).	 SCIENCE: How fast do things fall? Drop two things that don't break from a high place. See which one lands first. Do it again and again. Help your child draw and write what you learned.
 PE/HEALTH: Talk to your child about the difference between fruits and veggies.	 ART: Help your child collect items from around the house and create an invention or a piece of artwork. Suggestions: empty boxes, paper towel tubes, string, ribbon, yarn, cardboard, paper, clean cans, buttons, fabric scraps, wrapping paper, etc.	 PE/HEALTH: Get moving! <ul style="list-style-type: none"> • Do jumping jacks • Run in place • Do a scavenger hunt 	 MUSIC: Put on your child's favorite music and have a spontaneous dance party. Be sure and dance with your child. Children love to see adults being silly.	 VISUAL ARTS: Create by experimenting with a variety of different types of marks! Use crayon, marker, pencil, ink, etc. on paper. Artists are always experimenting to come up with original ideas!

Preschool Unplugged: WEEK 2

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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
 READING: <p>Make a second set of alphabet cards with your child. (Cut paper in 4 squares and use each square for a letter.) For this set, make them lower case letters. Let your child go through them and name the letters they know. For the letters they can't identify, tell them what they are.</p>	 WRITING: <p>Write your phone number on a piece of paper. Go over the number with your child. Talk about each number.</p>	 WRITING: <p>Involve your child in your writing activities. Make a shopping list together and point out the words that start with the same letter as the child's name.</p>	 READING: <p>Name two rhyming words, such as "lime" and "dime". Help your child come up with another word that rhymes with these words. Keep playing by coming up with different rhyming words.</p>	 READING: <p>Make a book (using folded paper) with your child about going to school. Record their words after they draw on each page. Read the book back when it's finished. Tell your child they are the author and illustrator.</p>
 MATH: <p>Count 10 crayons or markers with your child. After counting, write the numbers 1 through 10 on a piece of paper using a different color for each number.</p>	 MATH: <p>Have your child help set the table. How many plates will they need? How many utensils? Ask your child how they know how many they will need.</p>	 MATH: <p>Walk across your kitchen. Measure the length with your child's steps. Measure another room the same way. Talk to your child about the step difference. Which is bigger?</p>	 MATH: <p>Have your child go on a timed shape hunt around the house. Give them the name of shape and give them a set time to find it (30 seconds, 1 minute).</p>	 MATH: <p>Search your house for red objects. Count them as you find them with your child. After red objects, look for blue items, green items, etc.</p>
 SCIENCE: <p>Find a playdough recipe online to make with your child. Once you make it, sit with your child and play with the playdough. Use different objects to make impressions in the dough.</p>	 SOCIAL STUDIES: <p>Trace around your hands and feet then your child's hands and feet. Talk about how they are the same and different. (Use the words bigger and smaller.)</p>	 SCIENCE: <p>Give your child a pair of mittens. Put a few ice cubes in a container and let them touch the ice cubes with their mittens. Watch the clock and talk with your child about how fast the ice cubes melt. (You can add salt to the ice cubes to watch them melt faster.)</p>	 SCIENCE: <p>Invite your child to cook something with you. Ask them to fill measuring cups and talk about the different sizes (half cup, teaspoon).</p>	 SCIENCE: <p>Ocean in a bottle You'll need water, cooking oil, blue food coloring a large bottle, and a funnel. Fill approximately 1/3 of your bottle with water. Add several drops of food coloring and shake - top off with cooking oil and seal the bottle. Make observations.</p>
 PE/HEALTH: <p>Continue to promote proper handwashing with your child. Sing "Row, Row, Row Your Boat: or the ABC song while washing with soap and water.</p>	 ART: <p>Help your child find things around the house to glue or tape on paper to make a art creation (collage). This can include fabric, wrapping paper, aluminum foil, wax paper, magazine, newspapers, tissue paper, popsicle sticks. Once completed, display on the wall or refrigerator.</p>	 PE/HEALTH: <p>Get moving! • Move around like different types of animals (Remember - be silly!) • Dance, Dance, Dance</p>	 MUSIC: <p>While singing the ABC song, hold up the alphabet cards that were made on Day 1. After singing, arrange the alphabet cards in order on the floor.</p>	 VISUAL ARTS: <p>Sit and draw pictures with your child. If you have various types of paper (printer, wrapping, newspaper, wax, etc.) around the house, let your child draw on them. Talk about how they all are different.</p>

Preschool Unplugged: WEEK 3

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FAYETTE COUNTY PUBLIC SCHOOLS

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
 READING: Look around your house for items that start with the letter "c" (items can include cereal, cups, chairs, coats, crayons). How many can your child find? (Pick another letter once you have you completed the letter "c")	 WRITING: Ask your child to draw different shapes. (Model them if your child needs assistance.) Help them write shape words under the shapes.	 WRITING: Find various things around the house to trace on paper (cookie cutters, spoons, keys, toothpaste tubes, etc.). After you and your child have traced an item, write the word below it. Talk with them about the letter the word starts with and the sound it makes.	 WRITING: Write on a piece of paper: I like _____. My favorite food is _____. I am _____ years old. *Come up with your own statements, too. Help your child fill in the answers. Have them draw a picture of their statement after filling in the blanks.	 READING: When reading with your child, talk about the pictures. Ask questions such as, "Where is the sun? Is it above the house? Is it under the house?" Reference sizes by asking, "Is the car bigger than the truck? Which vehicle is bigger? Which is smaller?"
 MATH: Ask your child to count as high as they can. On a piece of paper, help your child write the number they can count to.	 MATH: Using an adult shoe, find items around the house that measure longer and shorter than the shoe. Help your child record the answers and display the results.	 MATH: Cut out 12 shapes (4 circles, 4 triangles, 4 squares). Make different patterns with 6 of the shapes (circle, square, triangle, circle, square, triangle.) Ask your child to make the same pattern with the remaining of 6 shapes. Talk with your child about patterning. Make different patterns for them to copy.	 MATH: Find two objects around the house that will fit in your child's hands. Ask them to tell you which weighs more and which weighs less. Find other objects and repeat the questions.	 MATH: Cut out 10 squares of paper. Write numbers 1-10 on them. Put the numbers in a bag and have your child pull out a number. Ask them to identify the number and then hop that many times. You can also ask them to find that number of objects around the house and bring them to you.
 SCIENCE: How does the sun affect things? Use a muffin pan and place various items in each muffin well with a different object (chocolate, plastic, fruit, etc.). Place in a sunny spot for 10 minutes and make observations	 SOCIAL STUDIES: Make a map of your house with your child. Draw the different rooms and talk with your child about each room and label the room for your child (living room, kitchen, bedroom, bathroom).	 SCIENCE: Talk about the weather and what is happening out your window. Chart the weather and post it for your child to see daily. (Have them draw the picture of the weather each day.)	 SOCIAL STUDIES: Help your child write a letter to a family member or friend. Help them address the envelope and then mail the letter together.	 SCIENCE: Talk about spring and what makes it different from winter (temperature, trees budding, insects). Sing the Itsy, Bitsy Spider song: The Itsy, Bitsy Spider went up the water spout. Down came the rain & washed the Spider out. Out came the sun & dried up all the rain and the Itsy, Bitsy Spider went up the spout again.
 PE/HEALTH: Continue to promote proper handwashing with your child. Sing "Row, Row, Row Your Boat: or the ABC song while washing with soap and water.	 ART: Look for bright art with various patterns and colors in books or magazines. (Find the artwork prior to sitting with your child.) When showing it to your child, talk about what you see - colors, lines, patterns, etc. Ask your child to re-create a piece of art.	 PE/HEALTH: Play a game of "follow the leader." Jump, hop, run in place, crawl, etc. and have your child follow you. Switch roles and follow your child.	 MUSIC: Find musical instruments around the house (pots and pan, wooden spoons). March around the house with your child while they play the "instrument" and make music.	 VISUAL ARTS: Have your child create a homemade structure to display using store purchased or homemade playdough (find recipes online). Look around the house for things that your child can use for their structure (beads, popsicle sticks, pipe cleaners, pencils).



Kindergarten Unplugged: WEEK 1

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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div>WRITING: Draw pictures showing what you did throughout the day. Try to express feelings, such as happiness, excitement, anger, or others about the daily tasks in your drawings or with words. You can add a sentence about your drawings or ask an adult to write one for you.</div> <div>MATH: You have 2 ten frames that have counters on them. One is full and one is not. What is the largest number you could make? What is the smallest number you could make?</div> <div>SOCIAL STUDIES: Create 6-8 questions around a topic. Interview two people recording answers and asking follow-up questions. Make a creative product to show what you learned (create a story, make a video).</div> <div>PE/HEALTH: Create your own dance! Invite family members to learn your dance, and then have a "dance-off" competition.</div>	<div>READING: Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, act out the story by using your face, body, and voice to bring the story to life. Add words to explain what you're doing.</div> <div>MATH: Practice counting to 20 (or higher), and then count backwards!!</div> <div>SCIENCE: It is always a good idea to be prepared for emergencies at home. What essential items do you need for emergencies?</div> <div>MUSIC: Put on your child's favorite music and have a spontaneous dance party. Be sure and dance with your child. Children love to see adults being silly.</div>	<div>DRAWING WORDS: How would you draw the Moon? How would you draw the word "precious"? Think of different words. They can signify items, but you could also explore abstract concepts, such as love or beauty.</div> <div>MATH: Count how many _____ (goldfish, crackers, cereal, etc. . .) pieces you will eat for snack today.</div> <div>SOCIAL STUDIES: Masks are used for different reasons around the world. Create a mask that would tell people about you and share why you made it with someone in your family.</div> <div>ART: Express your thoughts, ideas and knowledge to an audience by creating your own comic book.</div>	<div>WONDERS: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</div> <div>MATH: Draw a circle, a square, and a rectangle. Draw lines to partition each shape into halves.</div> <div>SCIENCE: How does a ramp affect energy? Build a ramp and roll something down it. Make a ramp that goes fast and a ramp that goes slow. Draw and write what you did.</div> <div>PE/HEALTH: Get moving!<ul style="list-style-type: none">• Do jumping jacks• Run in place• Do a scavenger hunt</div>	<div>RHYMING WORDS: Ask an adult to fill a bag with common household items. Pull one item from the bag. Say the name of the item. Think of a rhyming word for your object. For example, pull a ball from the bag and rhyme it with the word call. How many rhyming words can you think of for each item?</div> <div>MATH: Using the digits 1 to 9 at most one time each, place a digit in each box to make a true statement. ____ + ____ = ____ - ____</div> <div>SCIENCE: Look around where you live and make observations to provide evidence that energy can be transferred from place to place by sound, light, heat, and electric currents.</div> <div>VISUAL ARTS: Create by experimenting with a variety of different types of marks! Use crayon, marker, pencil, ink, etc. on paper. Artists are always experimenting to come up with original ideas!</div>

Kindergarten Unplugged: WEEK 2

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FAYETTE COUNTY PUBLIC SCHOOLS

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
 WRITING: Draw pictures of things you see outside (plants, animals, buildings) and write a sentence to describe them. Create a book of your drawings and sentences. What title would you give your book?	 READING: Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, make a list (written or orally) of all the nouns in the story. After finding all the nouns, try to identify the verbs in the story.	 SYNONYMS: Think of 3 different verbs (action words). What other words could you use to describe the same type of action? For example, jump is a verb. Hop and leap are synonyms. Keep a list of all the synonyms you can think of. Ask others if they know any additional synonyms you can add to the list.	 SORTING OBJECTS: Find a group of objects in your home (toys, shoes, shirts, crayons, etc). How can you sort these objects? By color? By size? By shape? By sound? Think about how these objects can be sorted and labeled. Show someone else your groups and explain your thinking.	 WONDERS: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.
 MATH: Using the digits 1 to 5, at most one time each per number sentence, fill in the boxes to create two or more true number sentences. _____ + _____ = _____	 MATH: How many buttons do you think are on your coat or jacket? Are you right? What about on ALL the coats in your family?	 MATH: Practice counting backwards . . . start at number 14.	 MATH: If you have a deck of cards, practice putting the cards in order. You can also make a set of cards out of paper!	 MATH: Using the digits 1 to 5, at most one time each, fill in the boxes to create a true number sentences with the greatest possible sum. _____ + _____ = _____
 SCIENCE: Rainbow Clouds. You'll need a clear container, shaving cream, water, and food coloring. Fill the glass ½ full of water and top it with shaving cream. Drop colored water onto the shaving cream "clouds" and observe as it falls through like rain. Predict what would happen if you mix colors.	 SOCIAL STUDIES: Create a map of your bedroom. Include where windows, doors, closets, and furniture are located. You can draw the map or create one out of LEGOs, blocks, or other material.	 SCIENCE: Floating and Sinking. You'll need items from around the house that can get wet and a small container. Fill the container with water and then predict which items will float and which will sink. Try to explain your observations.	 SOCIAL STUDIES: Read a current event news article with someone and draw what it is about.	 SCIENCE: Paper Clip Experiment. You'll need small paper clips and a bowl of water. Drop paperclips into a bowl of water and make observations. Try again but this time place a paperclip very gently on the surface - see how many clips you can get to float. Explain your observations.
 DRAMA: Practice telling a story (part of a fairytale or Dr.Seuss story works well) with a new voice. Try creating a scary ogre, a high-pitched chipmunk voice, a robot, an alien or a Darth Vader effect.	 PE/HEALTH: Create your own hopscotch maze using tape or string. Include actions such as: touching your toes, twirling, jumping like a rabbit, hopping back and clapping.	 PE/HEALTH: Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.	 MUSIC: Play any selection of music, then dance and sway to the beat. Stop the music. Once the music stops, freeze in whatever position you are in. Repeat several times. Vary the music you choose. Use soothing music and more upbeat tunes.	 PE/HEALTH: Create a healthy snack art piece! Use healthy foods such as fruits and vegetables!



Kindergarten Unplugged: WEEK 3




















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Think about something you know how to do (e.g., make your bed, tie your shoes, brush your teeth, etc.). Draw and label pictures that show each step of the process. Show your writing to someone else. Can they follow your steps? Be sure to give your writing a title!</p> <div> MATH:</div> <p>Play "Go Fish". Take all of the cards that are larger than 10 out of the deck. Start with 5 cards for each person. You can match any cards that are the same number. Then take turns asking for a card you need or draw from the pile. Continue to play until all pairs are found.</p> <div> SCIENCE:</div> <p>Traveling Rainbows. You'll need small cups, paper towels, water, and food coloring. Fill cups with different colors of water and then dip end of rolled paper towels so they bridge cup to cup. Predict what will happen.</p> <div> PE/HEALTH:</div> <p>Create an obstacle courses challenge! This can be done with pillows, baskets, and furniture for an indoor course, or go all-out and put together a Ninja Warrior course outside!</p>	<div> READING:</div> <p>Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, draw a picture of your favorite part and write two sentences about why it is your favorite part of the story.</p> <div> MATH:</div> <p>Play "Go Fish for 10." Take all of the cards that are 10 or larger out of the deck. Start with 5 cards for each person. This time you can match any cards that make ten when they are combined (or added together).</p> <div> SOCIAL STUDIES:</div> <p>Have someone read a current event news article and draw a picture about the main idea.</p> <div> ART:</div> <p>Practice storytelling with the prompt "Once upon a time, in a land far away..." Use as much detail as possible and create a picture to go along with it.</p>	<div> HANDWRITING:</div> <p>Write a list rhyming words for cat in your best print handwriting. Try another list with rhyming words for mad.</p> <div> MATH:</div> <p>Did you read a book today? Count how many words are on one page. How many letters? How many vowels?</p> <div> SCIENCE:</div> <p>Growing Bears. You'll need gummy Bears, two small bowls, salt, and water. Make a saltwater mixture. Put one gummy in the saltwater, one gummy in regular water and keep one gummy dry. Make predictions of what will happen and then record your observations.</p> <div> PE/HEALTH:</div> <p>Be active today! Try watching TV while standing, read a book while walking, or help with chores such as vacuuming and cleaning windows.</p>	<div> STORY RETELLING:</div> <p>Act out your favorite story. Be sure to include the beginning, middle, and end. Use words to tell your audience about the different parts of the story.</p> <div> MATH:</div> <p>Practice writing your numbers to 20. Do you know how to write the phone numbers for the important people in your family? Practice those!</p> <div> SOCIAL STUDIES:</div> <p>Make a list of five things people want and five things people need.</p> <div> DANCE/MUSIC:</div> <p>Create your own dance! Invite family members to learn your dance, then have a "dance-off" competition. Choose different tempos of music!</p>	<div> WONDERS:</div> <p>Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</p> <div> MATH:</div> <p>Choose two numbers. Make up a math story using those numbers. Now choose two different numbers and make up a new story!</p> <div> SCIENCE:</div> <p>Bubble Trouble. You'll need light corn syrup, dish soap, water, a container, a spoon, and straws. Mix all ingredients together and spread some of the solution on a flat surface. Use the straw to blow big bubbles - the bigger the better. Can you pick the bubble up or get something inside the bubble?</p> <div> PE/HEALTH:</div> <p>Challenge yourself to drink 8 glasses of water today!</p>



1st Grade Unplugged: WEEK 1





















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING: Write (or draw) about what you did throughout the day. It works well if you express feelings, such as happiness, excitement, anger, or others about the daily tasks.</div> <div> MATH: Draw and name a shape that has: 3 sides 4 sides 5 sides 6 sides</div> <div> SCIENCE: How can you invent a tool to amplify your voice or singing? Try using paper, boxes, tubes, and other things you find. Draw, name, and label the parts of your final invention.</div> <div> PE/HEALTH: Count the number of glasses of water you drink (goal is 8 glasses of water). Eat lots of fruits and vegetables.</div>	<div> READING: Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, draw a picture of your favorite part and write two sentences about why it is your favorite part of the story.</div> <div> MATH: Using the digits 1 to 9, at most one time each, per number sentence, fill in the boxes to create two or more true number sentences. ____ + ____ = ____</div> <div> SOCIAL STUDIES: Create 6-8 questions around a topic. Interview one person recording answers and asking follow-up questions. Make a creative product to show what you learned (create a story, make a video).</div> <div> MUSIC: Put on your favorite music and have a spontaneous dance party. Be sure and dance with your child. Children love to see adults being silly.</div>	<div> SYNONYMS: Think of three different verbs (action words). What other words could you use to describe the same type of action? For example, jump is a verb. Hop and leap are synonyms. Keep a list of all the synonyms you can think of. Ask others if they know any additional synonyms you can add to the list.</div> <div> MATH: Draw a circle, a square, and a rectangle. Draw lines to partition each shape into fourths. *Hint: How can you cut each figure to make halves? How can you use that to make fourths?</div> <div> SCIENCE: How does light move? Find sunlight beams and/or shadows. Draw where the sun is, where the window is, where the object is, and where the light appears. Draw straight lines to show the path of the light.</div> <div> ART: In honor of Women's History Month, create your own picture book of famous women.</div>	<div> WONDERS: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</div> <div> MATH: Using the digits 1 to 9, place a digit in each box to make a true statement. Be sure to use digits only once. ____ + ____ = ____ - ____</div> <div> SOCIAL STUDIES: Masks are used for different reasons around the world. Create a mask that would tell people about you and share why you made it with someone in your family.</div> <div> PE/HEALTH: Get active with the following:<ul style="list-style-type: none">• Clean your room• Sweep the floor• Jump rope• Do cartwheels• Run in place</div>	<div> STORY RETELLING: Act out your favorite story. Be sure to include the beginning, middle, and end. Use words to tell your audience about the different parts of the story.</div> <div> MATH: Practice skip counting by twos and by fives. How high can you go?</div> <div> SCIENCE: It is always a good idea to be prepared for emergencies at home. What essential items do you need for emergencies?</div> <div> VISUAL ARTS: Create by experimenting with a variety of different types of marks! Use crayon, marker, pencil, ink, etc. on paper. Artists are always experimenting to come up with original ideas!</div>



1st Grade Unplugged: WEEK 2




















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<div> WRITING:</div> <p>Think about something you know how to do (e.g., make your bed, tie your shoes, brush your teeth, etc.). Draw and label pictures that show each step of the process. Show your writing to someone else. Can they follow your steps? Be sure to give your writing a title!</p> <div> MATH:</div> <p>Practice counting to 120, then count backwards!! Pick a number between 11 – 39. Now count to 120. Choose a number between 93-115 and count backwards.</p> <div> SCIENCE:</div> <p>How does a ramp affect energy? Build a ramp and roll something down it. Make a ramp that goes fast and a ramp that goes slow. Draw and write what you did.</p> <div> DRAMA:</div> <p>Practice telling a story (part of a fairytale or Dr. Seuss story works well) with a new voice. Try creating voices like a scary ogre, a high-pitched chipmunk, a robot, an alien, or a Darth Vader effect.</p>	<div> READING:</div> <p>Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, make a list (written or orally) of all the adjectives in the story. After finding all the adjectives, try to identify the different types of sentences in the story.</p> <div> MATH:</div> <p>How many pockets do you think are on your coat or jacket? Are you right? What about on ALL the coats in your family? What if 3 friends came over with the same number of pockets? How many would you have?</p> <div> SOCIAL STUDIES:</div> <p>Create a map of your bedroom. Include where windows, doors, closets, and furniture are located. You can draw the map or create one out of LEGOs, blocks, or other material.</p> <div> PE/HEALTH:</div> <p>Create your own hopscotch maze using tape or string. Include actions such as: touch your toes, twirl, jump like a rabbit, hop back and claps.</p>	<div> DRAWING WORDS:</div> <p>How would you draw the word moon? How would you draw the word precious? Think of different words. They can signify items, but you could also explore abstract concepts, such as love or beauty.</p> <div> MATH:</div> <p>Practice counting by 10. Start at number 16. What comes next? Count past 120. Then stop and go backwards by 10 until you get back to 16. Write the numbers if it helps you.</p> <div> SCIENCE:</div> <p>Can you make an Egg Float? You'll need raw eggs, salt, a container, and water. Fill a container with water and place a raw egg into the water. Observe. Start adding salt while slowly stirring the water so the salt dissolves. Observe what happens to the egg and try to make an explanation.</p> <div> PE/HEALTH:</div> <p>Be active today! Try watching TV while standing, read a book while walking, or help with chores such as vacuuming and cleaning windows.</p>	<div> ACT IT OUT:</div> <p>Think about verbs that you know. Find at least one person to be your audience. Act out the verbs and ask the audience to guess your verb. Can you show how to do the action in different ways (faster, slower, etc)?</p> <div> MATH:</div> <p>If you have a deck of cards, practice finding all the cards you can put together to make a set equal to 10 (or any other number). If you don't have a deck of cards, you can write numbers and draw dots on cards or paper and make your own.</p> <div> SOCIAL STUDIES:</div> <p>Read a current event news article with someone and draw a picture of the main idea.</p> <div> MUSIC:</div> <p>Play any selection of music and dance and sway to the beat. Stop the music. Once the music stops you must freeze in whatever position you are in. Repeat several times. Vary the music you choose. Use soothing music and more upbeat.</p>	<div> WONDERS:</div> <p>Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</p> <div> MATH:</div> <p>Play "I have, so I need." Choose a total combination between 10 and 14. Flip over a card, that is the card you "have". Then you have to solve for how much you "need." Your partner double checks you.</p> <div> SCIENCE:</div> <p>Inflate a Balloon. Measure out 2 tablespoons of dry yeast; 1 tablespoon of sugar; and 2–3 tablespoons of lukewarm water. Pour all ingredients into a cup and stir. Using a funnel, pour the ingredients into an empty bottle with a neck (like a 20 oz. water bottle) and quickly place the balloon over the opening. Put the bottle in a mug of lukewarm water and observe!</p> <div> PE/HEALTH:</div> <p>Create a healthy snack art piece! Use healthy foods such as fruits and vegetables.</p>



1st Grade Unplugged: WEEK 3





















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Draw pictures of things you see outside (plants, animals, buildings) and write a sentence to describe them. Create a book of your drawings and sentences. What title would you give your book?</p> <div> MATH:</div> <p>Play "Go Fish for 10." Take all of the cards that are 10 or larger out of the deck. Start with 5 cards for each person. Match any cards that make ten when they are combined (or added together). Take turns drawing more cards and making 10. You can "go fish" for any number just change the cards to match.</p> <div> SCIENCE:</div> <p>Try making your own musical instruments and make up a tune for dancing. For all these instruments you may need: scissors, glue, decorations like tissue paper, pipe cleaners, stickers, coloured paper and confetti.</p> <div> PE/HEALTH:</div> <p>Create an obstacle courses challenge! This can be done with pillows, baskets, and furniture for an indoor course, or go all-out and put together a Ninja Warrior course outside!</p>	<div> READING:</div> <p>Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, share a story about yourself that is related to an event or character that was in the book. Draw a picture to go with your story. Add a sentence for your picture.</p> <div> MATH:</div> <p>Practice writing your numbers to 120.</p> <div> SOCIAL STUDIES:</div> <p>Have someone read a current event news article and draw a picture about the main idea.</p> <div> ART:</div> <p>Practice storytelling with the prompt "Once upon a time, in a land far away..." Encourage your student to use as much detail as possible and maybe even create a picture to go along with it.</p>	<div> HANDWRITING:</div> <p>Write a list all the colors you see around you in your best print handwriting.</p> <div> MATH:</div> <p>Choose two numbers. Make up a math story using those numbers. Now choose two or three numbers and make up a new story.</p> <div> SCIENCE:</div> <p>Use a flashlight to see how different materials change the beam of light. Examples of materials could include those that are transparent (such as the top of takeout containers), translucent (such as wax paper), opaque (such as cardboard), and reflective (such as a mirror).</p> <div> PE/HEALTH:</div> <p>Be active today! Try watching TV while standing, read a book while walking, or help with chores such as vacuuming and cleaning windows.</p>	<div>T TEXT FEATURES:</div> <p>Go on a scavenger hunt for text features! Look for examples of informational text around your house. You can find books, newspapers, advertisements from the mail, or food boxes. Make a list of the text features you can identify around your house.</p> <div> MATH:</div> <p>Start at the number 7. Add 10, add another 10, continue counting by 10 until you get over 130, then count backward by 10. Choose a different number and try again. Write down the numbers you say... What do you notice?</p> <div> SOCIAL STUDIES:</div> <p>Make a list of five things you want and five things you need.</p> <div> DANCE/MUSIC:</div> <p>Create your own dance! Invite family members to learn your dance, then have a "dance-off" competition. Choose different tempos of music!</p>	<div> WONDERS:</div> <p>Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</p> <div> MATH:</div> <p>Find all the clocks where you live. Do they say the same time? Are they digital, or do they have hour and minute hands? See how many seconds you can jump on one foot!</p> <div> SCIENCE:</div> <p>All animals have different protection layers. Brainstorm a list of animals and try to identify the protection layers they have to ensure their survival. How do humans use the same type of protection? A bike helmet is very similar to a turtle shell, for example. Draw pictures of your comparisons.</p> <div> PE/HEALTH:</div> <p>Challenge yourself to drink 8 glasses of water today!</p>



2nd Grade Unplugged: WEEK 1





















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING: Write (or draw) about what you did throughout the day. It works well if you express feelings, such as happiness, excitement, anger, or others about the daily tasks.</div> <div> MATH: Directions: Use only the digits 1 to 7, at most one time each, fill in the boxes to create a true equation. ____ = ____ + ____</div> <div> SCIENCE: Do all liquids change to solids at the same rate? Mix small cups of different liquids and put them in the freezer. Check on them every hour. Record what you notice.</div> <div> PE/HEALTH: Keep a food diary for a week. Record each meal, snack, and the number of glasses of water you drink (shoot for 8 glasses of water). Try to eat lots of fruits and vegetables.</div>	<div> READING: Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, share a story about yourself that is related to an event or character that was in the book. Draw a picture to go with your story. Add three sentences for your story.</div> <div> MATH: Use a clock to time favorite activities. Write down what time you start and what time you finish. Then, figure out how long you spent on each activity.</div> <div> SOCIAL STUDIES: Create 6-8 questions around a topic. Interview two people recording answers and asking follow-up questions. Make a creative product to show what you learned (create a story, make a video).</div> <div> MUSIC: Put on your favorite music and have a spontaneous dance party.</div>	<div> CHARACTER DESCRIPTION: Create a Wanted poster for a villain in either a book or fairy tale you've read. Draw a picture of the villain then provide a physical description and explain the crimes committed. What reward would you offer for the villain's capture?</div> <div> MATH: Collect all the coins you can, make a table of the different coins, and find how many of each coins and the total value. Create a list of items to purchase with the money. Write a letter to convince someone why you should spend the money.</div> <div> SCIENCE: Do all solids change to liquids at the same rate? Using the solids created earlier in the week, take them all out and cut them in the same place and let all the solids become completely liquid. Check them every hour. Record what you notice.</div> <div> ART: In honor of Women's History Month, create your own picture book of famous women.</div>	<div> WONDERS: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</div> <div> MATH: Using the digits 1 to 5, at most one time each, fill in the boxes to create a true number sentences with the greatest possible sum. _____ + _____ = _____</div> <div> SOCIAL STUDIES: Masks are used for different reasons around the world. Create a mask that would tell people about you and share why you made it with someone in your family.</div> <div> PE/HEALTH: Get active with the following activities:<ul style="list-style-type: none">• Clean your room• Sweep the floor• Jump rope• Do cartwheels• Run in place</div>	<div> DRAWING WORDS: How would you draw the word moon? How would you draw the word precious? Think of different words. They can signify items, but you could also explore abstract concepts, such as love or beauty.</div> <div> MATH: Draw and name a shape that has:<ul style="list-style-type: none">3 sides4 sides5 sides6 sides</div> <div> SCIENCE: Plan an investigation to describe and classify different kinds of materials by their observable properties. Observations could include color, texture, hardness, and flexibility. Patterns could include the similar properties that different materials share.</div> <div> VISUAL ARTS: Create a drawing or painting just by using lines, shapes, and color while listening to music. Let the emotions you feel from the music guide your crayon or paintbrush! Which colors work best for each emotion? Which types of lines work best for each emotion?</div>



2nd Grade Unplugged: WEEK 2





















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div>WRITING: Draw pictures of things you see outside (plants, animals, buildings) and write a sentence to describe them. Create a book of your drawings and sentences. What title would you give your book?</div> <div>MATH: Choose two numbers. Make up a math story using those numbers. Now choose some different numbers and make up a new story!</div> <div>SCIENCE: Explore the way rain in the mountains leads to rivers that flow to the ocean. Crumple a piece of paper to create mountain peaks and valleys. Then, they spray colored water to create "rain" and see where the water goes.</div> <div>DRAMA: Practice telling a story (part of a fairytale or Dr. Seuss story works well) with a new voice. Try creating voices like a scary ogre, a high-pitched chipmunk, a robot, an alien, or a Darth Vader effect.</div>	<div>READING: Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, make a list of all the adjectives in the story. After finding all the adjectives, try to identify adverbs from the story.</div> <div>MATH: Look at the date on the calendar. How many different number sentences can you write that are equal to (the same as) the value of the number that is the date? You can use as many numbers as you want and any kind of math!</div> <div>SOCIAL STUDIES: Create a map of your bedroom. Include where windows, doors, closets, and furniture are located. You can draw the map or create one out of LEGOs, blocks, or other material.</div> <div>PE/HEALTH: Create your own hopscotch maze using tape or string. Include actions such as: touch your toes, twirl, jump like a rabbit, hop back and claps.</div>	<div>HANDWRITING: Write a list of your favorite foods in your best cursive handwriting. If you haven't learned cursive yet, write the list in your best print handwriting.</div> <div>MATH: Start at the number 87. Add 100, add another 100, continue counting by 100 until you get over 1000, then count backward by 100. Choose a different number and try again. Write down the numbers you say. What do you notice?</div> <div>SCIENCE: See pollination in action! Make a fuzzy "bug" with pom-poms and pipe cleaners, and create "flowers" from cupcake wrappers filled with pollen-like coffee grounds or corn meal. Then, have the insect visit each flower and observe how the pollen grains stick and mix as the "bugs" visit each flower.</div> <div>PE/HEALTH: Be active today! Try watching TV while standing, read a book while walking, or help with chores such as vacuuming and cleaning windows.</div>	<div>STORY RETELLING: Act out your favorite story. Be sure to include the beginning, middle, and end. Use different voices for the different characters.</div> <div>MATH: Count how many _____ (goldfish, crackers, cereal, etc.) pieces you will eat for snack today. If you eat the same amount every day, how many will you eat all week?</div> <div>SOCIAL STUDIES: Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details.</div> <div>MUSIC: Play any selection of music and dance and sway to the beat. Stop the music. Once the music stops you must freeze in whatever position you are in. Repeat several times. Vary the music you choose. Use soothing music one time and more upbeat tunes on another.</div>	<div>WONDERS: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</div> <div>MATH: Practice writing the numbers to 145. Do you notice any patterns? Draw a circle around all the numbers you say when you count by "fives". Underline all the numbers you say when you count by "two". Draw a triangle around all the numbers you say when you count by "ten". Now what do you notice?</div> <div>SCIENCE: Simulate the effects of erosion by shaking sugar cubes in a cup with some pebbles to see what happens. Make predictions of what would happen if you used different sized pebbles or added water.</div> <div>PE/HEALTH: Create a healthy snack art piece! Use healthy foods such as fruits and vegetables!</div>



2nd Grade Unplugged: WEEK 3

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*





















DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Look closely at a piece of artwork or a photo. Think about all that you see and notice! Write your thoughts or ideas about what you see. Reread your writing to add strong vocabulary.</p> <div> MATH:</div> <p>Practice counting forward and backward. Close your eyes and touch two numbers on a phone or remote control. Let that be your starting number!!</p> <div> SCIENCE:</div> <p>Water Cycle in a Baggie Draw a model of the water cycle on the outside of your baggie. Then, add about 2 inches of water to the bag. Next, add a few drops of blue food coloring to the water. Seal the bag. Make sure it is totally shut! Tape the bag to a sunny window with a strip of packing tape along the top of the baggie. Record your observations.</p> <div> PE/HEALTH:</div> <p>Create an obstacle course challenge! This can be done with pillows, baskets, and furniture for an indoor course, or go all-out and put together a Ninja Warrior course outside!</p>	<div> READING:</div> <p>Read a book of your choice or have someone read to you for 20 minutes. After reading or listening to the story, think about what the author wanted you to learn by reading the text. Write one sentence that identifies the lesson learned and at least two sentences with details from the text that support your thinking.</p> <div> MATH:</div> <p>How many plates will you need for your family to eat dinner one night? If the same people eat dinner every night for five nights, how many plates will you use?</p> <div> SOCIAL STUDIES:</div> <p>Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details.</p> <div> ART:</div> <p>Practice storytelling with the prompt "Once upon a time, in a land far away..." Use as many detail as possible and create a picture to go along with it.</p>	<div> SYNONYMS:</div> <p>Think of five different feelings. What other words could you use to describe the same type of feeling? For example, sad is a feeling. Unhappy is a synonym. Keep a list of all the synonyms you can think of. Ask others if they know any additional synonyms you can add to the list.</p> <div> MATH:</div> <p>Practice counting by 10, backwards. Start at number 124. If you get stuck, start at 4, 14, and count forward first, then go backward. Try this with another number.</p> <div> SCIENCE:</div> <p>Take a nature walk to pick up rocks of all kinds. Bring them back and examine them closely and sort them into groups by properties (color, size, shape, texture, and so on).</p> <div> PE/HEALTH:</div> <p>Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.</p>	<div> COMPOUND WORDS:</div> <p>Write a list of ten compound words that you know. For each compound word, draw a picture of the two smaller words used to make the compound word. For example, birdhouse is a compound word. Draw a picture of a bird + a picture of a house = birdhouse.</p> <div> MATH:</div> <p>Do you have a deck of cards? Play "Go Fish for 14". Start with 5 cards for each person. You can match any cards that make 14 when they are combined (or added together). Then take turns asking for a card you need or draw from the pile. If you don't have a deck of cards, you can write numbers and draw dots on cards or paper and make your own.</p> <div> SOCIAL STUDIES:</div> <p>Make a list of five things people want and five things people need.</p> <div> DANCE/MUSIC:</div> <p>Create your own dance! Invite family members to learn your dance, then have a "dance-off" competition. Choose different tempos of music!</p>	<div> WONDERS:</div> <p>Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Units 1-4 is an option.</p> <div> MATH:</div> <p>Did you read a book today? Count how many words are on one page. Choose one of these words (the, of, or you) and count how many times it shows up between pages 10 - 20 (or another 10 pages you choose).</p> <div> SCIENCE:</div> <p>Sticky Balloons. Blow up several balloons. Feel the balloons and the wall. Are they sticky? Does the balloon stick to the wall? Rub a balloon several times across a wool sweater or rug. Place it against the wall. Does it stick to the wall? Rub the balloon across the sweater or rug again. Bring it close to a friend's hair. What happens? What else will a rubbed balloon stick to?</p> <div> PE/HEALTH:</div> <p>Challenge yourself to drink 8 glasses of water today!</p>

3rd Grade Unplugged: WEEK 1

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*























FAVETTE COUNTY PUBLIC SCHOOLS

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<p> WRITING:</p> <p>Writing: Write about what you did throughout the day. It works well if you express feelings, such as happiness, excitement, anger, or others about the daily tasks. Draw a picture to support your writing.</p> <p> MATH:</p> <p>Math: Using the digits 1 to 9 at most one time each, fill in the blanks to make the following problem true. Sarah planted ___ carrots in her garden. She planted them in ___ rows. Each row had ___ carrots.</p> <p> SCIENCE:</p> <p>Science: How can we use the structures and parts of animals to inspire new inventions? Look at the structures of an animal. Think about the function or usefulness of this structure. Design a new invention that mimics this function.</p> <p> ART:</p> <p>Art: Express your thoughts, ideas and knowledge to an audience by creating your own comic book.</p>	<p> READING:</p> <p>Reading: Read a book of your choice for 20 minutes. After reading or listening to the story, using speech bubbles and pictures of the characters, draw a conversation between two characters from the story you have been reading. Remember a thought is drawn as a cloud and a spoken statement is drawn as a bubble.</p> <p> MATH:</p> <p>Math: Play multiplication games with a deck of cards today!</p> <p> SOCIAL STUDIES:</p> <p>Social Studies Masks are used for different reasons around the world. Create a make that would tell people about you and write three sentences about why you made it.</p> <p> PE/HEALTH:</p> <p>PE/Health: Get Active with the following activities:</p> <ul style="list-style-type: none"> • Clean your room • Sweep the floor • Jump rope • Do cartwheels • Run in place 	<p> WRITING:</p> <p>Synonyms and Antonyms: Think of five different feelings. What other words could you use to describe the same type of feeling? What words describe the opposite? For example, sad is a feeling. Unhappy is a synonym. Happy is an antonym. Keep a list of all the synonyms and antonyms you can think of. Ask others if they know any additional ideas for your list.</p> <p> MATH:</p> <p>Math: When reading the store receipt, how many totals can your child add up doing mental math?</p> <p> SCIENCE:</p> <p>Science: How do animals survive? Pick an animal. Draw a model of that animal and include how each of the animals structures (claws, teeth, eyes, wings, paws) helps that animal survive. Describe the function of each of these structures.. What are they useful for?</p> <p> ART:</p> <p>Art: In honor of Women's History Month, create your own picture book of famous women.</p>	<p> CRAZY CAPTIONS:</p> <p>Crazy Captions: Find old family pictures or cut pictures from magazines and write a silly caption. Create a book of your photos and captions to share with others.</p> <p> MATH:</p> <p>Math: Use only the digits 1 to 7, at most one time each, fill in the boxes to create a true equation.</p> <p>___ = ___ + ___</p> <p> SOCIAL STUDIES:</p> <p>Social Studies--Create 6-8 questions around a topic (technology, culture, civic participation, power of government, global connections). Interview two people recording answers and asking follow-up questions. Make a creative product showing what you learned (create a story, make a video).</p> <p> PE/HEALTH:</p> <p>PE/Health: Keep a food diary for a week. Log each meal, snack, and the number of glasses of water you drink (shoot for 8 glasses of water). Try to eat lots of fruits and vegetables.</p>	<p> WONDERS:</p> <p>Wonders: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p> <p> MATH:</p> <p>Math: Use a clock to time favorite activities. Write down what time you start and what time you finish. Then, figure out how long you spent on each activity.</p> <p> SCIENCE:</p> <p>Science: Look around where you live and make observations to provide evidence that energy can be transferred from place to place by sound, light, heat, and electric currents.</p> <p> VISUAL ARTS:</p> <p>Visual Arts: Create a drawing or painting just by using lines, shapes, and color while listening to music. Let the emotions you feel from the music guide your crayon or paintbrush! Which colors work best for each emotion? Which types of lines work best for each emotion?</p>



3rd Grade Unplugged: WEEK 2





















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Writing: Write down song lyrics or words/phrases from your reading that grab your attention. Make sure to include why you like the lyrics or quotes. What made them stand out to you? Did you make any personal connections to the words?</p> <div> MATH:</div> <p>Math: Skip counting is a fun foundation for multiplication. Skip count by 2s, 3s, 5s, or 10s.</p> <div> SCIENCE:</div> <p>Science: Fill water balloons with different solutions (cooking oil, salt water, plain water, etc.) and place the balloons in a large bucket of water to see if they sink or float. Make a claim based on your evidence.</p> <div> DRAMA:</div> <p>Drama: Practice telling a story (part of a fairytale or Dr. Seuss story works well) with a new voice. Try creating voices like a scary ogre, a high-pitched chipmunk, a robot, an alien, or a Darth Vader effect.</p>	<div> READING:</div> <p>Reading: Read a book of your choice for 20 minutes. After reading the text, make a list of examples of verbs in different tenses. Can you find verbs in present, past, and future tenses? Can you identify the type of sentence each verb is in (simple, compound, or complex)?</p> <div> MATH:</div> <p>Math: Using the digits 0 to 9 at most one time each, fill in the blanks to make the following problem true. Please use each digit only once. Will has _____ marbles. He gives his brother _____ marbles. He now has _____ marbles left.</p> <div> SOCIAL STUDIES:</div> <p>Social Studies: Create a map of your bedroom. Include where windows, doors, closets, and furniture are located. You can draw the map or create one out of LEGOs, blocks, or other material.</p> <div> PE/HEALTH:</div> <p>PE/Health: Create your own hopscotch maze using tape or string. Include actions such as: touch your toes, twirl, jump like a rabbit, hop back and claps.</p>	<div> WRITING:</div> <p>Handwriting: In your best cursive handwriting, write a list of various animals that live your community.. If you haven't learned cursive yet, write the list in your best print handwriting.</p> <div> MATH:</div> <p>Math: Look at the date on the calendar. How many different number sentences can you write that are equal to (the same as) the value of the number that is the date? You can use as many numbers as you want and any kind of math!</p> <div> SCIENCE:</div> <p>Science: Mix up a solution of 1 ½ cups of water, ½ cup dish soap, and ¼ cup of corn syrup. Mix well and then use a straw to blow bubbles onto your bare hand - observe what happens. Now put a clean glove on your hand and blow bubbles onto the glove - what happens?</p> <div> PE/HEALTH:</div> <p>PE/Health Be active today! Try watching TV while standing, read a book while walking, or help with chores such as vacuuming and cleaning windows.</p>	<div> CHARACTER DESCRIPTIONS:</div> <p>Character Description: Create a Wanted poster for a villain in either a book or fairy tale you've read. Draw a picture of the villain then provide a physical description and explain the crimes committed. What reward would you offer for the villain's capture?</p> <div> MATH:</div> <p>Math: Fill in the blanks with digits to make the answer closer to 200 than 300. 4 ____ - 1 ____</p> <div> SOCIAL STUDIES:</div> <p>Social Studies: Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details.</p> <div> MUSIC:</div> <p>Music: Play any selection of music and dance and sway to the beat. Stop the music. Once the music stops you must freeze in whatever position you are in. Repeat several times. Vary the music you choose. Use soothing music one time and more upbeat tunes on another.</p>	<div> WONDERS:</div> <p>Wonders: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p> <div> MATH:</div> <p>Math: Jamal was making chocolate cookies. He had ____ cookies in each row and ____ many rows. There were a total of 84 cookies. How many cookies were there in each row and how many rows of cookies were there? Draw a model to support your answer. You may use the digits 0-9 once in any of the blank boxes. (The answer of 84 does not eliminate the 8 or the 4.)</p> <div> SCIENCE:</div> <p>Science: Simulate the effects of erosion by shaking sugar cubes in a cup with some pebbles to see what happens. Make predictions of what would happen if you used different sized pebbles or added water.</p> <div> PE/HEALTH:</div> <p>PE/Health: Create a healthy snack art piece! Use healthy foods such as fruits and vegetables and arrange them on your plate as a picture. Show someone in your home, then enjoy eating your creation!</p>



3rd Grade Unplugged: WEEK 3





















FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING: Writing: Write a review of a video game or TV show. Provide your opinion and reasons to support your thinking.</div> <div> MATH: Math: When you stop at a gas station, have your child check the price per gallon. Then ask how much you'll spend if you buy 2 gallons, or 10 gallons.</div> <div> SCIENCE: Science: Crack open a pool noodle or two and create your own marble race tracks. Experiment with angles, force, and surface materials to find the fastest way to get the marble to the bottom.</div> <div> PE/HEALTH: PE/Health: Create an obstacle courses challenge! This can be done with pillows, baskets and furniture for an indoor course, or go all-out and put together a Ninja Warrior Style Course outside!</div>	<div> READING: Reading: Read a book of your choice for 20 minutes. After reading the text, think about what the author wanted you to learn by reading the text. Write one sentence that identifies the theme and at least two sentences with details from the text that support your thinking.</div> <div> MATH: Math: Use the digits 1 to 9, at most one time each, to fill in the boxes to make a time that is 4:37 pm ____ minutes after ____ : ____ pm</div> <div> SOCIAL STUDIES: Social Studies: Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details. How would it be different if it was a news broadcast? List at least three ways.</div> <div> ART: Art: Practice storytelling with the prompt "Once upon a time, in a land far away..." Encourage your student to use as much detail as possible and maybe even create a picture to go along with it.</div>	<div> DRAWING WORDS: Drawing Words: How would you draw the word moon? How would you draw the word precious? Think of different words. They can signify items, but you could also explore abstract concepts, such as love or beauty.</div> <div> MATH: Math: Using the digits 1 to 9, at most one time each, fill in the blanks to make the following problem true. Sarah planted ____ carrots in her garden. She planted them in ____ rows. Each row had ____ carrots.</div> <div> SCIENCE: Science: Create clay molds of natural objects (sticks, shells, chicken bones, plants, etc.) then fill them with school glue to make your own "fossil" casts.</div> <div> PE/HEALTH: PE/Health Be active today! Try watching TV while standing, read a book while walking, or help with chores such as vacuuming and cleaning windows.</div>	<div> WORD CLOUD: Word Cloud: Think of a word you've learned about in school. Some examples might be economics, measurement, or animals. Write that word in the center of a piece of paper. What do you know about the word? Write any new word or phrase you can think of that has a connection to your topic by drawing lines from the main word to the new words.</div> <div> MATH: Math: Use the digits 1 to 9, at most one time each, to fill in the boxes to make the latest possible time. ____ minutes after ____ : ____ pm</div> <div> SOCIAL STUDIES: Social Studies: Make a list of five things you want and five things you need.</div> <div> MUSIC: Dance/Music: Create your own dance! Invite family members to learn your dance, then have a "dance-off" competition. Choose different tempos of music!</div>	<div> WONDERS: Wonders: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</div> <div> MATH: Math: Find things around the house that come in arrays (rows and columns), like kitchen tiles or an egg carton. Identify arrays within it. For example an egg carton that holds a dozen eggs would be a 2×6 array.</div> <div> SCIENCE: Science: You'll need a pencil or straw, tall, skinny glass, cooking oil. 1. Pour some oil into the glass. 2. Put the pencil into the glass. At the surface of the oil, does the pencil look as if it has been cut in half? 3. Lean the pencil against the side of the glass. 4. Look at the side of the glass and slowly turn it. What happens to the pencil? Can you make it disappear?</div> <div> PE/HEALTH: PE/Health: Challenge yourself to drink 8 glasses of water today!</div>



4th Grade Unplugged: WEEK 1

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*





















DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Writing: Write about what you did throughout the day. Include feelings, such as happiness, excitement, or frustration with the daily tasks. Draw a picture to support your writing.</p> <div> MATH:</div> <p>Math: You have \$1.00 in your pocket. You only have pennies, nickels, and dimes. You don't have any quarters or other coins. What coins are in your pocket?</p> <div> SCIENCE:</div> <p>Science: City council, in response to ongoing flooding, recommends all residents create a personal flood plan. Develop a plan for your family. What can you do in your house and surrounding areas to reduce the effects of flooding?</p> <div> MUSIC:</div> <p>Music: From a song you enjoy, write at least 4-6 sentences, using music vocabulary below, describing in detail what you hear. (Use these words in your response) harmony (combination of different notes played at the same time) tempo (how fast or slow the pulse of the music is) rhythm (how long individual notes last)</p>	<div> READING:</div> <p>Reading: Read a book of your choice for 20 minutes. After reading the text, think about the theme. What big idea did the author want you to learn from the story? After determining the theme, write a summary of the text that includes the most important details to support the theme.</p> <div> MATH:</div> <p>Math: Using the digits 1 to 9, at most one time each, fill in the boxes to make a true statement. _ (_ - _) = _ _</p> <div> SOCIAL STUDIES:</div> <p>Social Studies: Create 6-8 questions around a topic (technology, culture, civic participation, power of government, global connections). Interview two people and record answers and ask follow-up questions. Make a creative product reflective of the question "How does experience influence perspective?" (create a story, make a video).</p> <div> ART:</div> <p>Art: Practice storytelling with the prompt "Once upon a time, in a land far away..." Encourage your student to use as much detail as possible and maybe even create a picture to go along with it.</p>	<div> DRAWING WORDS:</div> <p>Drawing Words: How would you draw the moon? How would you draw the word precious? Think of different words. They can signify items, but you could also explore abstract concepts, such as love or beauty.</p> <div> MATH:</div> <p>Math: Use the digits 1 to 9, at most one time each, to make three equivalent fractions.</p> <div> SCIENCE:</div> <p>Science: Look around where you live and make observations to provide evidence that energy can be transferred from place to place by sound, light, heat, and electric currents.</p> <div> ART:</div> <p>Art: Express your thoughts, ideas and knowledge to an audience by creating your own comic book.</p>	<div> CRAZY CAPTIONS:</div> <p>Crazy Captions: Find old family pictures or cut pictures from magazines then write a silly caption. Create a book of your photos and captions to share with others.</p> <div> MATH:</div> <p>Math: Do you know the phone numbers for the important people in your family? Practice memorizing those today!</p> <div> SOCIAL STUDIES:</div> <p>Social Studies Masks are used for different reasons around the world. Create a make that would tell people about you and share why you made it with someone in your family.</p> <div> PE/HEALTH:</div> <p>PE/Health: Keep a food diary for a week. Log each meal, snack, and the number of glasses of water you drink (aim for 8 glasses of water). Try to eat lots of fruits and vegetables.</p>	<div> WONDERS:</div> <p>Wonders: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p> <div> MATH:</div> <p>Math: Make up your own math riddles for each other. For example, Start at 39. Subtract 4, divide by 7, and add 6. What is the mystery number?</p> <div> SCIENCE:</div> <p>Science: It is always a good idea to be prepared for emergencies at home. What essential items do you need for an emergency supply kit? Develop an evacuation route from your home to a safe location.</p> <div> ART:</div> <p>Art: Create a still life drawing. Use 3-5 objects from around your room or house and arrange on a flat surface. Add a light source to create strong shadows cast on one side of your objects. Now DRAW and shade!</p>

4th Grade Unplugged: WEEK 2

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*























FAYETTE COUNTY PUBLIC SCHOOLS

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<p> WRITING:</p> <p>Writing: Write a review of a video game or TV show. Provide your opinion and reasons to support your thinking.</p> <p> MATH:</p> <p>Math: A trip to the store presents learning opportunities at every age. As you're comparing different brands for the same item, ask your child how much you'd save by buying the lower-priced item.</p> <p> SCIENCE:</p> <p>Science: ADULT SUPERVISION! Cut some lemons in half after rolling them. Use a craft stick to poke into the flesh of the lemon. Set your lemons on your large plate. Add a few drops of food coloring to the top. Next add a dribble of dish soap to each lemon. Sprinkle the top of the lemon with a generous layer of baking soda. Observe!</p> <p> DRAMA:</p> <p>Drama: Practice telling a story (part of a fairytale or Dr. Seuss story works well) with a new voice. Try creating voices like a scary ogre, a high-pitched chipmunk, a robot, an alien, or a Darth Vader effect.</p>	<p> READING:</p> <p>Reading: Read a book of your choice for 20 minutes. After reading or listening to the story, make a list of the pronouns in the text. Beside the pronoun, identify the noun it represents. After you complete the pronoun list, try to write a summary about the story using appropriate nouns and pronouns.</p> <p> MATH:</p> <p>Math: Use the digits 1 to 9, at most one time each, to make 5 composite numbers.</p> <p>____/____/____/____/____</p> <p> SOCIAL STUDIES:</p> <p>Social Studies: Create a map of your bedroom. Include where windows, doors, closets, and furniture are located. You can draw the map or create one out of LEGO bricks, blocks, or other material.</p> <p> PE/HEALTH:</p> <p>PE/Health: Create your own hopscotch maze using tape or string. Include actions such as: touch your toes, twirl, jump like a rabbit, hop back and claps.</p>	<p> MAKE & BREAK AFFIX WORDS:</p> <p>Make and Break Affix Words: Write an affix word and break it by affix and root word then use it in a sentence. E.g., disagree, dis-agree Sean and Andrew disagree about the movie they should see.</p> <p> MATH:</p> <p>Math: When reading the store receipt, how many totals can your child add up doing mental math?</p> <p> SCIENCE:</p> <p>Science: Use a CD that nobody wants to keep. Glue a dish soap cap to the CD so that the bottom is centered over the hole in the CD. Close the top of the cap and put the CD flat-side-down on a tabletop. Blow up the balloon and pinch the neck shut so no air gets out. Carefully stretch the neck of the balloon around the closed sports top so the part you drink out of is totally covered. There's your CD hovercraft!</p> <p> PE/HEALTH:</p> <p>PE/Health Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.</p>	<p> COMPOUND SENTENCES:</p> <p>Compound Sentences: Look through a book and identify 5 simple sentences. Rewrite the sentences into compound sentences using a coordinating conjunction. The coordinating conjunctions are for, and, nor, but, or, yet, so.</p> <p> MATH:</p> <p>Math: Use the digits 1 to 9, at most one time each, to make 5 prime numbers.</p> <p>____/____/____/____/____</p> <p> SOCIAL STUDIES:</p> <p>Social Studies: Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details.</p> <p> MUSIC:</p> <p>Music: Play any selection of music and dance and sway to the beat. Stop the music. Once the music stops you must freeze in whatever position you are in. Repeat several times. Vary the music you choose. Use soothing music one time and more upbeat tunes on another.</p>	<p> WONDERS:</p> <p>Wonders: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p> <p> MATH:</p> <p>Math: If your child is interested in sports you have built-in math fun! Talk about some common statistics used to rank baseball player performance, such as batting averages.</p> <p> SCIENCE:</p> <p>Science: Edible Soil Layers Bottom: A handful of chocolate chips and butterscotch chips, mixed. (This bottom layer represents the bedrock.) Lower-Middle: Chocolate pudding. (This lower-middle layer represents the subsoil layer.) Upper-Middle: Crushed Oreo cookies. (This upper-middle layer represents the topsoil layer.) Top: A couple gummy worms and a handful of green-colored coconut flakes. (These represent the organic material at the surface level.)</p> <p> PE/HEALTH:</p> <p>PE/Health: Create a healthy snack art piece! Use healthy foods such as fruits and vegetables and arrange them on your plate as a picture. Show someone in your home, then enjoy eating your creation!</p>























4th Grade Unplugged: WEEK 3

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Writing: Write down song lyrics or words/phrases from your reading that grab your attention. Make sure to include why you like the lyrics or quotes. What made them stand out to you? Did you make any personal connections to the words?</p> <div> MATH:</div> <p>Math: Do you have a lot of change to sort? Ask your child to make equivalent amounts in other coins for a given number of pennies. For example, if you have 135 pennies, the student could make an equivalent amount using one dollar and 35 pennies, or 13 dimes and 5 pennies, or one dollar, 3 dimes and 5 pennies.</p> <div> SCIENCE:</div> <p>Science: Turning Pennies Green</p> <ol style="list-style-type: none">1. Fold a paper towel so that it fits inside your dish.2. Place the pennies on top of the paper towel.3. Pour vinegar over the pennies so that the paper towel is fully saturated.4. Observe the pennies over the next few hours and days. You can record your observations. <div> PE/HEALTH:</div> <p>PE/Health: Create an obstacle course challenge! This can be done with pillows, baskets and furniture for an indoor course, or go all-out and put together a Ninja Warrior style course outside!</p>	<div> READING:</div> <p>Reading: Read a book of your choice for 20 minutes. After reading the text, use speech bubbles and pictures of the characters to draw a conversation between two characters from the story you have been reading. Remember a thought is drawn as a cloud and a spoken statement is drawn as a bubble.</p> <div> MATH:</div> <p>Math: How can you tell which square is bigger: a square with a perimeter of 25 units or a square with an area of 25 square units?</p> <div> SOCIAL STUDIES:</div> <p>Social Studies: Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details.</p> <div> ART:</div> <p>Art: Do you have a box of memorabilia tucked away somewhere (or bits of memorabilia scattered everywhere)? Get organized and give your treasures a facelift by decorating the box you keep them in. Decor can be specific to a set of memories, time period or more general. Decorating a box is also a great way to add to a time capsule or memory box given as a gift.</p>	<div> TEXT CONNECTIONS:</div> <p>Text Connections: Think about a book you've read recently. There are three types of connections you could make to this text: text to self (reminds you of something that has happened in your life), text to text (reminds you of another book), and text to world (reminds you of something happening in the world). Choose one and write a paragraph about your connection!</p> <div> MATH:</div> <p>Math: If you're going to make a meal together, there are even more chances to practice the math your child is learning. Ask them to figure out the amounts to double a recipe.</p> <div> SCIENCE:</div> <p>Science: Find a syringe large enough to place mini-marshmallows in. Pull out the stopper and put in two or three marshmallows. Replace the plunger barely into the syringe. Place your finger over the open end and now compress and see what happens? What happens when you pull the plunger back?</p> <div> PE/HEALTH:</div> <p>PE/Health Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.</p>	<div> WORD CLOUD:</div> <p>Word Cloud: Think of a topic you've learned about in school. Some examples might be geography or measurement. Write that word in the center of a piece of paper. What do you know about the word? Write any new word or phrase you can think of that has a connection to your topic by drawing lines from the main word to the new words.</p> <div> MATH:</div> <p>Math: How can you tell which rectangle is bigger: a rectangle with a perimeter of 24 units or a rectangle with an area of 24 square units?</p> <div> SOCIAL STUDIES:</div> <p>Social Studies: If you could go back to any point in history, when and where would you go and why?</p> <div> PE/HEALTH:</div> <p>PE/Health Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.</p>	<div> WONDERS:</div> <p>Wonders: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p> <div> MATH:</div> <p>Math: Follow a pattern or set of clues to determine a number. For example, start with 5, add 3 five times and subtract 1. What number are you left with?</p> <div> SCIENCE:</div> <p>Science: Fill a plastic bottle with water until it reaches around three quarters full. Add a few drops of dish washing liquid. Sprinkle in a few pinches of glitter. Put the cap on tightly. Turn the bottle upside down and hold it by the neck. Quickly spin the bottle in a circular motion for a few seconds, stop and look inside to see if you can see a mini tornado forming in the water.</p> <div> PE/HEALTH:</div> <p>PE/Health: Challenge yourself to drink 8 glasses of water today!</p>























DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
 WRITING: <p>Write about what you did throughout the day. Include feelings such as happiness, excitement, or frustration about the daily tasks. Draw a picture to support your writing.</p>	 READING: <p>Read a book of your choice for 20 minutes. After reading the text, use speech bubbles and pictures of the characters to draw a conversation between two characters from the story you have been reading. Remember a thought is drawn as a cloud and a spoken statement is drawn as a bubble.</p>	 MAKE AND BREAK AFFIX WORDS : <p>Write an affix word and break it by affix and root word then use it in a sentence. E.g., disagree, dis-agree Sean and Andrew disagree about the movie they should see. Examples of words: postgame, misunderstand, unicycle, guitarist, premeditated, maltreatment, hyperactive, etc.</p>	 CRAZY CAPTIONS: <p>Find old family pictures or cut pictures from magazines then write a silly caption. Create a book of your photos and captions to share with others.</p>	 WONDERS: <p>Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p>
 MATH: <p>What is the largest amount in coins you can have and not be able to make change for a dollar without shorting yourself or cheating the other person? Hint: Would you believe the amount is more than \$1.00?</p>	 MATH: <p>Using the digits 0 to 9, fill in the boxes to create two numbers that both round to 5 and have the greatest (or least) possible difference with 5. Each digit may only be used once.</p> <p>_____</p>	 MATH: <p>Follow a pattern or set of clues to determine a number. For example: Start with 5. Add 3 five times and subtract 1. What number are you left with?</p>	 MATH: <p>Go through a cookbook and find a recipe you like with at least 5 ingredients. Rewrite the recipe to feed 10 people. What other factors must you consider in addition to the amount of each ingredient?</p>	 MATH: <p>How can you tell which rectangle is bigger: a rectangle with a perimeter of 24 units or a rectangle with an area of 24 square units?</p>
 SCIENCE: <p>Develop a model to describe that matter is made of particles too small to be seen. Examples of evidence could include adding air to expand a basketball, compressing air in a syringe, dissolving sugar in water, and evaporating salt water.</p>	 SOCIAL STUDIES: <p>Create 6-8 questions around a topic (technology, culture, civic participation, power of government, global connections). Interview two people then record answers and ask follow-up questions. Make a creative product reflective of the question "How does experience influence perspective?" (create a story, make a video).</p>	 SCIENCE: <p>Do all liquids mix together evenly to form solutions? In several clear glasses, pour 2 different liquids and stir them together. Can you find one pair of liquids that stays together in a solution? Can you find a pair that separates itself? Draw and write about your findings.</p>	 SOCIAL STUDIES: <p>In a shallow container, put a small amount of water. Find items around the house to place in the water to see if they will sink or float. Talk to your child about which sink and float (explain why).</p>	 SCIENCE: <p>Turning Pennies Green 1. Fold a paper towel so that it fits inside your dish. 2. Place the pennies on top of the paper towel. 3. Pour vinegar over the pennies so that the paper towel is fully saturated. 4. Observe the pennies over the next few hours and days. You can record your observations.</p>
 PE/HEALTH: <p>Keep a food diary for a week. Log each meal, snack, and the number of glasses of water you drink (aim for 8 glasses of water). Try to eat lots of fruits and vegetables.</p>	 MUSIC: <p>From a song you enjoy, write at least 4-6 sentences, using music vocabulary below, describing in detail what you hear. Use these words in your response: harmony (combination of different notes played at the same time) tempo (how fast or slow the pulse of the music is) rhythm (how long individual notes last)</p>	 ART: <p>Express your thoughts, ideas and knowledge to an audience by creating your own comic book.</p>	 PE/HEALTH: <p>Create your own dance! Invite family members to learn your dance, then have a "dance-off" competition.</p>	 ART: <p>Create a still life drawing. Use 3-5 objects from around your room or house and arrange on a flat surface. Add a light source to create strong shadows cast on one side of your objects. Now DRAW and shade!</p>



5th Grade Unplugged: WEEK 2





















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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div> WRITING:</div> <p>Write down song lyrics or words/phrases from your reading that grab your attention. Make sure to include why you like the lyrics or quotes. What made them stand out to you? Did you make any personal connections to the words?</p> <div> MATH:</div> <p>Using the digits 0 to 9, at most one time each, create two numbers that both round to 5. Each digit may only be used once.</p> <div> SCIENCE:</div> <p>Create a map of your bedroom. Include where windows, doors, closets, and furniture are located. You can draw the map or create one out of LEGO bricks, blocks, or other material.</p> <div> ART:</div> <p>Would you like to give thanks to someone who has helped you or did something nice for you? Design a postcard and focus on words and thoughts of gratitude.</p>	<div> READING:</div> <p>Read a book of your choice for 20 minutes. After reading the story, classify various sentences into three categories: simple, compound, and complex. After making your lists, try to write each type of sentence on your own using those from the story as models.</p> <div> MATH:</div> <p>You have \$1.00 in change in your pocket. You have 15 coins. What coins do you have?</p> <div> SOCIAL STUDIES:</div> <p>Hold a plastic drinking straw by the sides (without covering the hole at the top) and try quickly stabbing a potato; what happens? Repeat the experiment with a new straw, but this time place your thumb over the top, covering the hole. Explain what is happening.</p> <div> PE/HEALTH:</div> <p>Burn off extra energy and adapt your environment to your needs by rearranging furniture in your room. This activity will help you rid your space of old things while you add your personal artwork or motivational words as decorations!</p>	<div> DRAWING WORDS:</div> <p>How would you draw the moon? How would you draw the word precious? Think of different words. They can signify items, but you could also explore abstract concepts, such as love or beauty.</p> <div> MATH:</div> <p>Math: Have your child bounce a basketball as they say the multiples of different numbers. For example, practice the multiples of 9 for each bounce (9, 18, 27, 36). Then say them backward (81, 72, 63, 54). Research shows that kinesthetic movement helps the brain learn facts.</p> <div> SCIENCE:</div> <p>Use a CD that nobody wants to keep. Glue a dish soap cap to the CD so that the bottom is centered over the hole in the CD. Close the top of the cap and put the CD flat-side-down on a tabletop. Blow up the balloon and pinch the neck shut so no air gets out. Carefully stretch the neck of the balloon around the closed sports top so the part you drink out of is totally covered. There's your CD hovercraft!</p> <div> PE/HEALTH:</div> <p>Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.</p>	<div> CHARACTER DESCRIPTION</div> <p>Create a Wanted poster for a villain in either a book or fairy tale you've read. Draw a picture of the villain then provide a physical description and explain the crimes committed. What reward would you offer for the villain's capture?</p> <div> MATH:</div> <p>You have \$1.00 in your pocket. You only have pennies, nickels, and dimes. You don't have any quarters or other coins. What coins are in your pocket?</p> <div> SOCIAL STUDIES:</div> <p>Masks are used for various purposes in different cultures. They may conceal identity, enhance beauty, or provide protection. Create a mask that represents you and write a brief explanation about its meaning.</p> <div> MUSIC:</div> <p>Play any selection of music and dance and sway to the beat.</p>	<div> WONDERS:</div> <p>Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</p> <div> MATH:</div> <p>Play a math game today! One example, Yahtzee, is perfect for working on multiplication facts and reinforcing addition skills.</p> <div> SCIENCE:</div> <p>Ocean in a bottle Blow up a balloon. Hold the balloon close to your ear while you tap lightly on the other side. Why do you think you are hearing the tapping sound as you do? Compare this to a stethoscope.</p> <div> PE/HEALTH:</div> <p>Create a healthy snack art piece! Use healthy foods such as fruits and vegetables and arrange them on your plate as a picture. Show someone in your home, then enjoy eating your creation!</p>



5th Grade Unplugged: WEEK 3

FCPS "Learning Unplugged" is a series of activities that promote learning at home *without the use of electronics.*

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<div>WRITING: Write a review of a video game or TV show. Provide your opinion and reasons to support your thinking.</div> <div>MATH: At the gas station, determine how many gallons of gas you can buy with 20 dollars, 30 dollars, etc.</div> <div>SCIENCE: What you'll need: A glass filled right to the top with water A piece of cardboard Instructions: Put the cardboard over the mouth of the glass, making sure that no air bubbles enter the glass as you hold onto the cardboard. Turn the glass upside down (over a sink or outside until you get good). Take away your hand holding the cardboard. Observe and explain what happens.</div> <div>PE/HEALTH: Create an obstacle course challenge! This can be done with pillows, baskets and furniture for an indoor course, or go all-out and put together a Ninja Warrior style course outside.</div>	<div>READING: Read a book of your choice for 20 minutes. After reading the text, think about the theme. What big idea did the author want you to learn from the story? After determining the theme, write a summary of the text that includes the most important details to support the theme.</div> <div>MATH: Using 12 squares, how many different rectangles can you make?</div> <div>SOCIAL STUDIES: Read a current event news article and summarize it. Make sure to include the central idea and at least three supporting details. How would it be different if it was a news broadcast? List at least three ways.</div> <div>ART: Do you have a box of memorabilia tucked away somewhere (or bits of memorabilia scattered everywhere)? Get organized and give your treasures a facelift by decorating the box you keep them in. Decor can be specific to a set of memories or time period or more general. Decorating a box is also a great way to add to a time capsule or memory box given as a gift.</div>	<div>MAKE AND BREAK AFFIX WORDS : Write an affix word and break it by affix and root word and use it in a sentence. E.g., disagree, dis-agree Sean and Andrew disagree about the movie they should see. Examples of words: postgame, misunderstand, unicycle, guitarist, premeditated, maltreatment, hyperactive, etc.</div> <div>MATH: Send your child on a scavenger hunt. Ask them to find two different containers that hold the same amount.</div> <div>SCIENCE: Cut out a large square from a plastic bag or material. Trim the edges so it looks like an octagon (an eight sided shape). Cut a small hole near the edge of each side. Attach 8 pieces of string of the same length to each of the holes. Tie the pieces of string to the object you are using as a weight. Reach as high as you can to drop your parachute and test how well it works. Remember that you want it to drop as slowly as possible.</div> <div>PE/HEALTH: Be active today! Try watching TV while standing, reading a book while walking, or helping with chores such as vacuuming and cleaning windows.</div>	<div>TEXT CONNECTIONS Think about a book you've read recently. There are three types of connections you could make to this text: text to self (reminds you of something that has happened in your life), text to text (reminds you of another book), and text to world (reminds you of something happening in the world). Choose one and write a paragraph about your connection!</div> <div>MATH: Which quadrilateral has a greater area? Quadrilateral A has its perimeter equal to 44 units. Quadrilateral B has the sum of its interior angles equal to 360 degrees.</div> <div>SOCIAL STUDIES: If you could go back to any point in history, when and where would you go and why?</div> <div>MUSIC: Try listening to a new genre of music this week. Using musical vocabulary, describe the instruments you hear.</div>	<div>WONDERS: Choose a page from the Your Turn Practice workbook to complete as a review. Any page from Unit 6 is an option.</div> <div>MATH: Using a measuring cup, have your child measure out a specific amount of rice. Ask your child to make a prediction about how the measurement of the rice will change after it has been cooked. Were the predictions correct?</div> <div>SCIENCE: Make sure you are doing this experiment in a place where you won't get in trouble for getting Diet Coke everywhere. Outside on some grass is perfect. Stand the Diet Coke upright and unscrew the lid. Put some sort of funnel or tube on top of it so you can drop the Mentos in at the same time (about half the pack is a good amount). Drop the Mentos into the Diet Coke and run like mad! Observe!</div> <div>PE/HEALTH: Challenge yourself to drink 8 glasses of water today!</div>



Preschool & Elementary

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Play social detective!

With your child, identify the emotions of the characters in the books you read or the videos you watch. For older students, take this a step further and discuss what is making the character have these feelings, how their body might feel, what thoughts might be in their head, etc. Then role play how you might interact with the character-- what would you say and do?



Freeze Dance!

A good way to work on impulse control, Freeze Dance is a classic childhood favorite. Simply turn on some tunes and start dancing, but watch out! If the music stops, then you need to stop your body too.



Belly Breathing.

Belly Breathing is a great way to calm down when you are upset. Have your child sit in a comfortable position. If they feel comfortable, they should close their eyes. Then read the following script:

Place your hands on your belly. Imagine that there is a balloon in your belly.

As you take a big breath in through your nose, try to fill up the balloon so that your belly puffs up.

Now breathe out through your mouth (like blowing a bubble) and let all of the air out of the balloon). Take slow breaths. Try to count to 4 as you breathe in and count to 4 as you breathe out. Inhale...2...3...4

Exhale...2...3...4

Repeat until you are calm.

Remember to practice everyday until it becomes easy to use when you need it.



Play a Game of Simon Says.

This classic childhood game is a fun way to practice listening skills and impulse control. The leader (aka Simon) calls out a movement or action for the others to perform, but the catch is, you should only do the action if the leader says, "Simon says..." first.



Red Light, Green Light.

This game is great practice for listening, following directions, impulse control, and comprehension! Red means stop and green means go in this light, just like in real life. But you have to always be listening to the leader because if he or she catches you moving after they declare red light, then you have to go back to the start.



Mindfulness and self-regulation:

Being in the present moment provides clarity and focus for children, teens, and adults. We ask a lot of our kids on a typical day. Cognitive overload can lead to feelings of overwhelm and stress causing students anxiety and making it challenging for them to focus. One of the ways we teach students how to manage their stress is through practicing mindfulness. Try this Three Minute Mindful Activity-- say " "Let's practice mindfulness through our sense of hearing. Close your eyes. Take 3 slow, deep breaths. Now, focus on what you hear outside." (allow one minute to lapse). "Now, I want you to focus on what you hear in our home." (allow one minute to lapse). "Now focus on what you hear in this room." (allow one minute to lapse)

Process with your student-- do you ever slow down long enough to listen to the world around you. How might focusing on the sounds in the room help to calm your mind and body before a test?